



WEEK FOUR CHILDRENS MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
Morning Snack	Rice Cakes Peaches and Pineapple	Wholewheat Cracker Apple and Cucumber	Cream Cracker Pear and Apricot	Fromage frais Strawberries and Peaches	Cornish Wafer Banana and Watermelon
Lunch	Oven Baked Pork Sausage Crispy Potatoes Garden Peas Fruit Cocktail	Beef Bolognaise or Beef Enchildadas Icecream with Crushed Pineapple	Traditional Shepherd's Pie Mixed vegetables Banana Custard	Roast Chicken New Potatoes Broccoli Gravy Fruit Jelly	Salmon and Cod Fish Cake Mashed Potatoes Baked Beans Fruit Yogurt
Afternoon Tea	Ploughman's Tea Strawberry and Raisin Oat Cookies	Dairylea Wholemeal Sandwiches Lettuce Cress and Orange Salad Fromage Frais	'Tapas' style Tea Grapes and Melon Slices	Cheese, Sweetcorn and Pesto Pinwheels With Cucumber Slices and Carrot sticks Buttered Tea Cake	Ham Rolls Mini Breadsticks and Grapes Parsnip and Apple Muffins

Occasionally dishes may change to accommodate deliveries and seasonal availability of fresh food

For Allergen information in the above menu please speak to the Nursery Cook

Please note: Mid afternoon Tea is served between 3.00 and 3.30 pm therefore children may require an evening meal once at home.



WEEK THREE CHILDRENS MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
Morning Snack	Cornish Wafer Apricot and Mandarin	Cream Cracker Cheddar Fingers Apple Slices	Hovis Biscuit Peach and Pear	Rice Cakes Apricot and Banana	Crispbreads Pear and Blueberries
Lunch	Fish Fillet Fingers Crispy Potatoes Sweetcorn Peaches and Custard	Chicken Pasanda and Naan bread or Chicken A la King Basmati Rice Garden peas Fruit Yogurt	Salmon Cheesy Potato Pie Baked Beans Fromage Frais	Lamb and Mint Burger New Potatoes Mixed Vegetables Gravy Fruit Cocktail	Cottage Pie Broccoli Vanilla Icecream with Banana
Afternoon Tea	Ham Sandwich Thins Cherry Tomatoes Rainbow Peppers Fruit Flapjack	Fisherman's Tea Orange and Melon Slices	Pizza Slice Cucumber and Grapes Apple and Banana Cake	Cheddar Cheese and Carrot Sandwiches Mini bread sticks Apple Slices Fromage Frais	Egg and Bacon Scones Carrot, Raisin and Sweetcorn Salad Malt Loaf Apple Slices

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WEEK TWO CHILDRENS MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
Morning Snack	Hovis Biscuit Pineapple and Pears	Cream Cracker Peach and Blueberries	Apple Rice Cakes Banana and Apricot	Cornish Wafer Banana and Pineapple	Cream Crackers Watermelon and Apple
Lunch	One Pot Beef Cheese and Tomato Pasta Garden Peas Fruit Yogurt	Salmon and Cod Fish Cake Croquette Potatoes Mixed Vegetables Fruit Jelly	Cheeky Monkey Meatballs Mashed Potatoes Baked Beans Courgette Cake	Mediterranean Vegetable and Bean Pasta Gratin Sweetcorn Fromage Frais	Oven Baked Pork Sausage New Potatoes Gravy Peaches and Pears
Afternoon Tea	Soft Cheese Sandwich Thins Dried Apricots and Raisins Orange and Melon Slices	Ploughman's Tea Raspberry and Vanilla Slice	Tuna or Salmon Wholemeal Sandwiches Carrot, Orange and Cranberry Salad Fromage Frais	Cheese and Egg salad With Crusty Bread Cucumber and Apple Strawberry Cheesecake	Indian Style Chicken Puffs Cherry Tomatoes Fruit Loaf and Orange Slices

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WEEK ONE CHILDRENS MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
Morning Snack	Cream Cracker Pear and Apricot	Whole Wheat Cracker Banana and Pineapple	Cornish Wafer Apples and Melon	Rice Cakes Strawberries and Blueberries	Oat Cakes Apricot and Peaches
Lunch	Baked Potato with Cheddar Cheese Baked Beans Sweetcorn Fromage Frais	Sausage, Potato and Tomato Tray Bake Broccoli Greek Yogurt and Peach Chill	Roasted Chicken Shawarma Vegetable Rice Fruit Yogurt	Fish Fillet Fingers Mashed Potatoes Garden Peas Fresh Tomato Wedges Pears and Icecream	Turkey and Pepper Pasta Bake Sweetcorn Fruit Jelly
Afternoon Tea	Tuna or Egg Mayonnaise Wholemeal Rolls Cucumber slices Cherry Tomatoes Spiced Apple and Carrot Cake	Cheddar Cheese Sandwiches Mixed Pepper Sticks Grapes Malt Loaf Orange Wedges	Ploughman's Tea Blueberry Muffins	Ham Sandwich Thins Apple Slices Apricot Yogurt Cake	Savory Vegetable Muffins Cheddar Fingers Mini Bread Sticks With Carrot and Raisin Salad Fromage Frais

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