



### WEEK FOUR MENU BABIES 6 -12 MONTHS

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
<b>Morning Snack</b>	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water
<b>Lunch</b>	Pork and Vegetable Casserole Fruit Puree	Beef Bolognaise Fruit Puree	Traditional Lamb Shepherd's Pie Banana Custard	Country Chicken and Vegetables Fruit Puree	Fisherman's Pie Fruit Yogurt
<b>Afternoon Tea</b>	Lamb and Vegetable Casserole Fruit Pieces or Puree	Roast Chicken Dinner Fromage Frais	Spring Vegetable Risotto Fruit Pieces or Puree	Cheesy Pasta Shells Fromage Frais	Roasted Vegetable and Lentil Pasta Banana

Occasionally dishes may change to accommodate deliveries and seasonal availability of fresh food From 4-6 Months. When babies are ready to wean on to solid food we offer a selection of baby cereal, pureed fruits, vegetables, and baby rice, then introduce protein and other cereals when parents advise. More texture, chopped and finger foods are introduced when baby and parents are ready, working towards the typical menus above.

**For information on Allergens in the above menu please speak to the nursery cook**

Please note: Mid afternoon Tea is served between 3.00 and 3.30 pm therefore children may require an evening meal once at home.



### WEEK THREE MENU BABIES 6 -12 MONTHS

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
<b>Morning Snack</b>	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water
<b>Lunch</b>	Fish Bites with Tomato Sauce Fruit Yogurt	Chicken Risotto Banana Custard	Salmon Fish Pie Fromage Frais	Lamb and Tomato Hotpot Fruit Pieces or Puree	Beef Cottage Pie Fromage Frais
<b>Afternoon Tea</b>	Cauliflower and Broccoli Cheese Fruit Puree or Pieces	Cod Creole Fromage Frais	Fusilli Pasta with Tomato and Spinach Sauce Banana	Butternut Squash and Pea Risotto Fromage Frais	Turkey Casserole Fruit Puree or Pieces

Occasionally dishes may change to accommodate deliveries and seasonal availability of fresh food From 4-6 Months. When babies are ready to wean on to solid food we offer a selection of baby cereal, pureed fruits, vegetables, and baby rice, then introduce protein and other cereals when parents advise. More texture, chopped and finger foods are introduced when baby and parents are ready, working towards the typical menus above.

**For information on Allergens in the above menu please speak to the nursery cook**

Please note: Mid afternoon Tea is served between 3.00 and 3.30 pm therefore children may require an evening meal once at home.



### WEEK TWO MENU BABIES 6 -12 MONTHS

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
<b>Morning Snack</b>	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water
<b>Lunch</b>	Beef Spaghetti Bolognese Fruit Yogurt	Cod in Cheese sauce with steamed vegetables Fruit Pieces or Puree	Turkey and Vegetable Casserole Fruit Pieces or Puree	Mixed Bean and Vegetable Medley Fromage Frais	Pork and Apple Casserole Peaches and Pears Puree or Pieces
<b>Afternoon Tea</b>	Roast Chicken Dinner Fruit Puree or Pieces	Shepherd's Pie Fromage Frais	Spring Vegetable Risotto Fromage Frais	Beef and Vegetable Casserole Fruit Pieces or Puree	Country Chicken Casserole Banana

Occasionally dishes may change to accommodate deliveries and seasonal availability of fresh food From 4-6 Months. When babies are ready to wean on to solid food we offer a selection of baby cereal, pureed fruits, Vegetables, and baby rice, then introduce protein and other cereals when parents advise. More texture chopped and finger foods are introduced when baby and parents are ready, working towards the typical menus above.

**For information on Allergens in the above menu please speak to the nursery cook**

Please note: Mid afternoon Tea is served between 3.00 and 3.30 pm therefore children may require an evening meal once at home.



### WEEK ONE MENU BABIES 6-12 MONTHS

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast	Choice of Low Sugar Cereal and Toast
<b>Morning Snack</b>	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water	Fruit Pieces or Puree Milk or Water
<b>Lunch</b>	Lamb and Tomato Hotpot Fromage Frais	Pork and Apple Dinner Greek Yogurt and Peaches	Roast Chicken Dinner Fruit Yogurt	Salmon and Broccoli Bake Fruit Puree or Pieces	Turkey and Vegetable Casserole Fruit Puree or Pieces
<b>Afternoon Tea</b>	Spring Vegetable Risotto Fromage Frais	Country Chicken and Vegetables Banana	Fish Bites with Tomato Sauce Fruit Puree or Pieces	Lentil and Root Vegetable Bake Fromage Frais	Cheesy Pasta Fruit Yogurt

Occasionally dishes may change to accommodate deliveries and seasonal availability of fresh food From 4-6 Months. When babies are ready to wean on to solid food we offer a selection of baby cereal, pureed fruits, vegetables, and baby rice, then introduce protein and other cereals when parents advise. More texture chopped and finger foods are introduced when baby and parents are ready, working towards the typical menus above.

**For information on Allergens in the above menu please speak to the nursery cook**

Please note: Mid afternoon Tea is served between 3.00 and 3.30 pm therefore children may require an evening meal once at home.