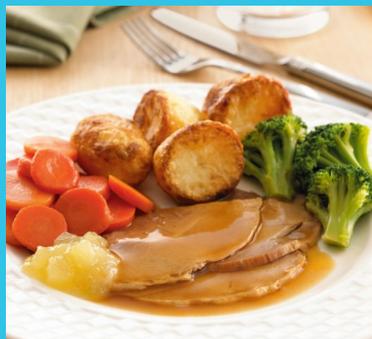


Summer

Menu WEEK 1



1 - 5 years	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals and toast <i>(Non Gluten and dairy options available)</i>				
Morning snack	Sweet peach slices served with oat cakes	Warm toasted bagels served with cream cheese and fresh grapes	Fresh apple slices served with melon and cracker wheats	Natural yoghurt and seasonal fruit	Malt loaf served with banana slices
Lunch	Baked cod and cheese sauce served with new potatoes and seasonal vegetables	Roasted chicken, roast potatoes and a selection of vegetable served with warm gravy	Sweet potato and chickpea curry with rice, mango chutney and poppadom's	Spaghetti bolognaise served with fresh salad and garlic bread	Vegetable chilli served with jacket potatoes and tortillas
Pudding	Rhubarb custard	Ice cream served with fresh fruit and wafers	Yoghurt mixed selection	Homemade blueberry muffins	Melted moments
Afternoon Tea	Selection of wraps with sweet cherry tomatoes and cool	Rainbow pasta salad	Cod goujons served with tomato dip and vegetable crudities	Cheese and marmite pin wheels with homemade coleslaw	Beans on toast
	Yoghurt selection	Homemade lemon drizzle cake	Cooks orange & vanilla tray bake	Fresh fruit salad	Yoghurt selection

Gluten and Dairy Free options available. Please talk to the Nursery manager for further information.

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Babies	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Perfect pureed peaches	Fruit pot	Fresh banana mash	Fruit pots	Soft sweet crushed pears
Lunch	Fish and broccoli pie	Baby roast dinner	Sweet potato, and chickpea with rice	Baby spaghetti bolognaise	Vegetable chilli and potatoes
Tea	Pork and apple casserole	Bean and vegetable medley	Butternut squash risotto	Cauliflower and broccoli cheesy bake	Salmon and spinach pasta bake

Summer

Menu WEEK 2



1 - 5 years	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals and toast <i>(Non Gluten and dairy options available)</i>				
Morning snack	Rice cakes and fresh blueberries	Selection of crackers served with juicy melon slices	Fresh zesty orange wedges with homemade ginger crunch biscuits	Flapjack and sweet pineapple chunks	Marmite triangles served with cucumber slices
Lunch	Jacket potato bar: With baked beans, tuna, sweetcorn and homemade coleslaw	Chicken a la king served with rice and fresh broccoli	Homemade fish cakes served with lightly crushed new potatoes and baked beans	Gammon served with roasted potatoes and a vegetable medley	Beef enchiladas and sweetcorn
Pudding	Vanilla ice cream topped with fresh berry sauce	Homemade courgette and lime cake	Yoghurt selection	Fabulously fun strawberry cheesecake	Home cooked golden apricot flapjacks
Afternoon Tea	Selection of thins served with cucumber slices	Home baked cheese and apple scones served with pepper slice and houmous	Perfect pizza pittas served with fresh carrot batons	Tuna and sweetcorn pasta	Hopsy Friday ploughman's
	Yoghurt selection	Fresh fruit platter	Lemon and beetroot muffin	Fresh fruit salad	Yoghurt selection

Gluten and Dairy Free options available. Please talk to the Nursery manager for further information.

Babies	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit pots	Crushed fresh blueberries	Fruit pots	Sweet soft pears	Crushed pineapple
Lunch	Jacket potato with toppings	Chicken and broccoli served with rice	Fish pie gratin	Baby roast dinner	Beef and vegetable hot pot
Tea	Baby beef bolognaise	Shepherd's pie	Mixed bean and vegetable medley	Cheesy pasta	Turkey bolognaise

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Summer

Menu WEEK 3



1 - 5 years	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals and toast <i>(Non Gluten and dairy options available)</i>				
Morning snack	Glorious guacamole served with breadsticks and pepper slices	Thins served with marmite and soft pear slices	Cheese straws served with crunchy carrot batons	Houmous served with pitta bread and fresh cucumber	Selection of crackers, cheese cubes and fresh grapes
Lunch	Mixed bean chilli with rice served with homemade tortilla and sour cream	Chicken and leek pie, new potatoes and mixed vegetables and gravy	Salmon and broccoli pasta bake served with peas	Red Thai chicken curry served with jewelled rice, fresh green beans and poppadom's	Turkey meatball and tomato pasta
Pudding	Fresh yoghurts	Fruit crumble served with ice cream	Seasonal fruit selection	Freshly baked banana cake	Yoghurt selection
Afternoon Tea	Hopsy afternoon tea with a selection of sandwiches and sides	Sundried tomato pin wheels served with crunchy carrot batons	Cheese & bacon wedges served with cucumber and cherry tomatoes	Crumpets with vegetable batons, cheese sticks and fresh salad	Pizza served with sweet pineapple chunks and colourful pepper sticks
	Homemade summer fruit traybake	Fresh fruit salad	Hopscotch hobnob cookies	Fresh fruit platter	Fruit muffins

Gluten and Dairy Free options available. Please talk to the Nursery manager for further information.

Babies	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit pots	Crushed perfect pears	Sweet peaches	Banana bonanza	Fruit pots
Lunch	Baby mixed bean chilli with rice	Salmon and broccoli bake	Bean and vegetable risotto	Chicken and country vegetables	Baby turkey hotpot
Tea	Lamb and vegetable hotpot	Beef and tomato casserole	Pork and apple hotpot	Lentil and vegetable gratin	Cod in cheese sauce with green vegetables

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